

Planet Smoothie® Food Allergies and Sensitivities



Planet Smoothie® has listed the top nine food allergens recommended by the FDA. The **X** indicates the item contains the specified allergen.

	Allergens								
	SOY	EGG	MILK	PEANUT	WHEAT	TREE NUTS	SESAME	FISH	SHELLFISH
Planet Favorites									
Bubble Trouble									
Captain Kid			X						
Lunar Lemonade									
PBJ			X	X					
Strawberry Colada			X			X			
The Last Mango			X						
Twig & Berries			X						
Vinnie Del Rocco			X						
Bowls									
Berry Brazilian Acai					X	X			
Berry Brazilian Dragon Fruit					X	X			
Dark & Dreamy Acai	X		X		X	X			
Dark & Dreamy Dragon Fruit	X		X		X	X			
PB & The Bee Acai				X	X	X			
PB & The Bee Dragon Fruit				X	X	X			
Blasts									
Collagen Peptides									
Energy									
Fat Burner									
Immunity									
Meal Replacement Protein	X		X						
Multivitamin									
Plant-Based Protein									
Probiotic									
Whey Protein	X		X						
Energy									
Chocolate Elvis			X	X					
Java the Nut			X	X					
Mango Passion									
Road Runner									
Shag-A-Delic			X						
Superfood									
Amazon Kick									
Dragon Fruit Lemon Splash									
Fiji Island Breeze						X			
Mountain Man Crunch			X	X	X	X			
PB Dragonfruit Riptide			X	X					
Rio Berry Bliss						X			
Protein									
Big Bang	X		X						
Chocolate Chimp	X		X						
Get Up & Glow			X	X	X	X			
Lean Green Extreme									
Mr Mongo	X		X						
Peanut Butter Power Up			X	X					
Meal Replacement									
All Shook Up	X		X	X					
Cookie Crusher	X		X		X				
PB Blues	X		X	X					
Peanut Butter Punch	X		X	X					
Strawberry Super Squeeze	X		X						
Kids Smoothies									
Berry Strawberry									
Captain Kid			X						
Cosmic Cocoa			X	X					
Little Lunar									
Twiggy			X						

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Add-Ins	Allergens								
	SOY	EGG	MILK	PEANUT	WHEAT	TREE NUTS	SESAME	FISH	SHELLFISH
Acai									
Banana									
Blueberry									
Chia Seeds									
Cocoa									
Coconut						X			
Coconut Water						X			
Coffee									
Dark Chocolate	X		X						
Dragon Fruit									
Frozen Yogurt			X						
Granola					X	X			
Honey									
Leafy Greens									
Lean Leaf Sweetener									
Lemon Juice									
Mango									
Mango Boba									
Nonfat Milk			X						
Nutella	X		X			X			
Oatmilk									
Orange Juice									
Orange Sherbet			X						
OREO® Cookies	X		X		X				
Passion Fruit Puree									
Peach									
Peanut Butter				X					
Pineapple									
Raspberry									
Strawberry									
Strawberries, No Sugar Added									
Vanilla									
Whey Protein Crisps			X						
Whole Grain Oats									

Your health is of the utmost concern to us. Please be aware that Planet Smoothie® products may contain traces of allergens (soy, egg, milk, wheat, peanuts, tree nuts, fish, shellfish, sesame) or foods causing common food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Allergen information Planet Smoothie® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.